



## **Health and Fitness Facilitator**

City of Miami Gardens, FL. (109,700)

Opening Date: 8/09/2013

Deadline: 8/16/2013, or until filled

Salary: \$18.40 per hour min. to \$21.49 per hour mid./DOQ

### **Nature of Work:**

This is highly responsible professional work providing instruction and advice to health and fitness program participants of varying levels of fitness, skill and ability. Employees in this class are responsible for instructing program participants on appropriate exercise methods and techniques, and providing advice on diet and lifestyle modifications to obtain maximum health results. Employee is responsible for providing proper instruction as well as monitoring program participant's use of resistance training equipment, free weights, cardiovascular and other related fitness equipment. This position requires a high degree of interaction and communication with staff and the general public.

All work is performed at various City facilities as assigned. General supervision is received from the Recreational District Supervisor.

### **Minimum Requirements:**

Must possess and maintain a personal trainer or group fitness certification from American Council of Exercise (ACE), Aerobics and Fitness Association of America (AFAA), American College of Sports Medicine (ACSM) or other accreditation certification program throughout employment, and have at least two (2) or more years of paid professional work experience in the area(s) of Health, Exercise and/or Fitness. A Bachelor's Degree in the area(s) of Health, Exercise and/or Fitness from an accredited college or university is preferred. This is a part-time position and requires the employee to work varying hours including evenings, weekends and holidays as required. Requires Certification in First Aid and CPR upon hire. Must possess and maintain a valid Florida Driver's License and satisfactory driving record throughout employment.

Please send Resume & Official City Application Form to:

**Human Resources Department, City of Miami Gardens**  
**1515 NW 167th Street, Bldg. 5 - Suite 200**  
**Miami Gardens, FL 33169**  
**Fax: (305) 622-8265**  
**[www.miamigardens-fl.gov](http://www.miamigardens-fl.gov)**  
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